

Three-Thirds Process

Meeting Planning Worksheet

LOOK BACK (first section):

GOAL: This time is to evaluate how the trainers did while apart, celebrate together and encourage them that God can build a movement through them.

It includes 4 different elements:

- **Pastoral Care:** In this section, you want to make a closer relational connection that helps to build community for the group. Asking questions like “How are you doing?” and “How can I pray for you?” will demonstrate pastoral care to each person. This section may take longer at the beginning when everyone is getting to know each other, but later can be a brief update on each person’s week.

How could you prepare for this time and ensure that this part does not take up the whole time of the meeting?☐

- **Worship:** This can be as simple as singing a song or reading a psalm [i.e. Ps.23] for thanksgiving to God. You could ask questions like “What are some things you are thankful for?” and “What are some things you are learning about God?” as expressions of worship to God.

- **Accountability:** During this part of the first third, we ask appropriate questions to help the trainees live out the vision of 1) Following Jesus and 2) Fishing for men.

-Following Jesus Questions: How are you obeying His word? or How did you apply the principles you learned last time?

-Fish for Men Questions – These questions need to be appropriate for their stage of growth toward becoming trainers of trainers. As you work with a group of trainees, it is common for them to be at different levels of growth, maturity and commitment.

- **Vision-Casting** – One of the most important parts of 3/3rds is casting vision to our trainees of what they can become in Christ and what the Holy Spirit can do through them. These short vision casting times can come from the many Scriptures that point us to God’s character and His promises or verses that call us to obedience to Christ and His mission. They can also come from testimonies and real life examples of what God is doing around the world.☐

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LOOK UP (second section):

GOAL: This time is to look up to God for new direction by studying a new lesson or Bible study. We want to give the trainees enough biblical content to obey and pass on to others. You don't want to give them so much that they can't obey. Nor do you want to give them so much that they can't pass it on. It mustn't be overly complicated and difficult to reproduce.

- **New Lesson or Bible Study**

-Start with short-term reproducible discipleship lessons - Determine what the 6 to 10 most important items are for a new believer to grasp to start down the path of following Jesus (i.e. 5 follow-ups, 10 basic steps, discipleship lessons from Cru.org, etc.). Be ready to adapt them as you find out how easy or difficult it is for your trainees to reproduce them. Always ask, "Who can you share this truth with this week?"

What are the most important basic truths (lessons) you want to teach to your training group?

-Then, long-term self-feeding inductive Bible Study – Any group can learn to study the Bible inductively. There are several simple, reproducible methods you can model so that anyone could lead the Bible Study.

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LOOK AHEAD (third section):

GOAL: This time is to prepare the trainers to implement the things God has been teaching them – evangelism, discipleship, training others, starting a group, etc. and passing each lesson that they have just learned on to others.

- **Train/Practice** - What does the group need to learn and practice in order to take the next step in multiplying?

-Train in the next step in basic ministry: sharing your testimony, sharing the gospel, casting vision, challenging a potential volunteer. The goal of the training time is to equip them to take the next step of faith in their personal life and ministry. We don't need to give them a large amount of training that they cannot apply all at once. The goal is "bite-size" training that trainees can apply immediately. We want to see small faithful steps of growth in each of our trainee's lives.

-Practice the training in order to build confidence and competence in evangelism, in starting training groups, in leading groups using the three-thirds process.

- **Set Goals and Pray** - Each trainee should set their own goals for how to obey the lesson and to take the next steps in witnessing and training others. What does each trainee want to trust God for in the coming week? What is the step of faith? How do they want to obey God in what He is teaching them?

Ask: What are your action points? One or two simple, clear and measurable goals.

Pray for the goals: Pray together as a group and then pray for your trainees during the week.

Each of the seven parts of the meeting time is important for discipleship. But there are 4 parts that are essential for reproduction. Those parts that are: accountability, vision casting, training/practice, and set goals & pray. Try to always include these 4 parts in every meeting so you can move your discipleship group towards reproducing disciples/leaders.